



**BNF announces a new “fellowship format” for members and friends!**

BNF’s **“Page Turners”**, is a free online book club, initially meeting quarterly.

Led by Debby Akerman and Linda Dillworth, we will read and discuss books that speak to the heart of Christian nurses and health care givers.

Topics will include medical missions, spiritual growth, nursing history, and compelling medical themed novels.

**Please join us for the inaugural meeting of “Page Turners”, the new BNF online Book Club.**

**Thursday, August 4, 2022 at 7:30PM EDT, 6:30PM CDT.**



Please *REGISTER* for this event at [www.baptistnursingfellowship.com/eventsopportunities](http://www.baptistnursingfellowship.com/eventsopportunities)

Watch for a zoom meeting invitation.

## Did you know?

- Reading for as little as 30 minutes a week can produce greater life satisfaction.
- Reading could help reduce mental decline in old age by up to 32%.
- Reading can reduce stress by up to 68%.
- Reading stats show that 50% of people who read before bed report sleeping better than non-readers.
- Reading fiction can make you a better decision-maker, according to reading statistics in the world.
- Reading increases emotional intelligence, and consequently, your career outlooks.

Compiled by ComfyLiving.net